REPORT ON STUDY TOUR TO MIZORAM ICDS PROJECT



Group Leader - Smti. S. Rynga

No. in the group - 18 (List enclosed)

Date of arrival - 18th January, 2011.

Date of departure - 21st January, 2011.

Name of Officer attached -Smti. Zoram Laltugni, Special Officer on Nutrition

Duration - 9:30 a.m. to 4:00 p.m.

Total No. of AWCs - 1981

Total No. of Project - 27

ACTIVITIES DAY 1

On the first day the group was taken to two rural ICDS Projects i.e. Tlangnuam ICDS Project and Aibank ICDS Project. The name of cenres visited are Hlimen AWC and Melthum I AWC under Tlanguam ICDS Project and Hualngohmun, Molriat and Talkawn III under Aibawk ICDS Project.



Hualngohum AWC (Rural) under Aibwak ICDS Project

Melthum I AWC (Rural) under Tlanguam ICDS Project





Kitchen of Hlimen AWC under Tlanguam ICDS Project

Hualngohun AWC (rural) under Aibawk ICDS Project



Melriat AWC (Rural) under Aibawk ICDS Project



<u>DAY - 2</u>

- 1. Visited two centres under Aizawl Urban ICDS Project. These are Khatla and Dawrpai AWCs
- 2. Visit office of the Child Development Project Officer, ICDS Project.
- 3. Visited the Remand Home/ Observation Home for boys and girls.
- 4. Visited the Anganwadi Training Centre (AWTC) Mizoram.



Khatla AWC (urban)

Introduction by the Women's Organisation who actively participate in ICDS in Khatla AWC.





Anganwadi Worker Conducting Pre-School

Pre- School children picking up chits of papers as part of cleanliness practices





Wall painting of the Schedule of Immunization and ICDS.

Teaching Board painted on the wall, Khatla AWC, (Urban)





Dwarpai AWC (Urban)

Animals Painted on the wall. Dwarpai AWC (Urban)



OBSERVATION

- 1. All the Anganwadi buildings were well constructed, well furnished with wooden and steel furniture, plastic chairs.
- 2. Rooms are spacious, separate room was allotted for storing food items and kitchen.
- 3. Kitchens were well arranged and looks hygienic gas stove were used for cooking food and attached trunks were made on the wall for storing food items.
- 4. Food procurement were made from local manufacture and seasonal locally available food items and fruits such as eggs, fresh milk, banana, funs are being provided at the centres.
- 5. Calcium tablets, Multivitamins and B-Complex are also given daily at the Centre.
- 6. Food were well cooked and served.
- 7. Printed registers are used.
- 8. Regarding Pre-School, it was found that only in two centres children were attentive and actively participated.
- 9. In Rural Centres, there is lack of Charts displayed and teaching aids.

 Majority are male supervisors.
- 10. In Urban Centres walls were painted with paintings which looks very informative, attractive and colourful separate play room is available where swing, slides, toys are kept.
- 11. Enrolment of children is taken at the age of 2½ upto 4 years for preschool as 4 above have attended other Schools.

- 12. Food items like high protein biscuit, Malted Milk, Soya Noodles, Cereal Bases weaning food, Refined Soya Oil, Soya Cereal Powder for PM and NM rice, dal and locally available foods and RTE were given to children.
- 13. Food was indented by the Directorate under the cell headed by the Special Officer on Nutrition along with the daily Menu. One third of the fund was allotted to Child Development Project Officers to procure locally available food items. Transportation of food items was also done by the Directorate.
- 14. Community participation is tremendous and deserves appreciation. People, Organisation like the Mizo youth Association etc contributed both in kind and cash. Voluntary organisations were very strong and they also are involved in promoting and uplifting the scheme specially in Urban Centres. The items contributed by the Community, NGOs are gas stove with cylinder. Slides Swing, toys, steel mugs small chairs benches, paintings and even a carpet donated by Minister to cover the floor and uniforms. Expenditure for Cylinder is borne by the Community.
- 15. Remand/ Observation Home is situated on top of a hill. It was big, spacious, clean and beautiful scenery to look at 2 girls and 23 boys inmates were kept in separate campus. Met the Principal, case worker, the Home was established in 1986-86. Different trades under vocational training various play activities for recreation and SSA School Cases like rape, theft, murder were seen.
- 16. AWTC, Mizoram just shifted to a new rented building. The classroom is not spacious just enough to accommodate the required number of trainees. No teaching aids available non display of charts seen. In the AWTC, the Chef Instructor post was held by MA (SW) and gets a regular scale of pay No. training conducted on the day of visit.

OTHER INFORMATIONS.

- 1. Few Private AWCs run by NGOs but only SNP is being provided by the office.
- 2. Supervisors promoted to Child Development Project Officer.
- 3. Food procured locally from Mizofad Society and Rice form FCI.
- 4. Supervisors are called Circle Officers.
- 5. Enjoy 6th Pay Commission.
- 6. Child Development Project Officers are implementing old age pension, Indira Gandhi Widow pension and Indira Gandhi Disabled pension @200/per month.
- 7. Majority male Supervisor.
- 8. One Doctor is appointed and post in the office of Child Development Project Officer, Urban ICDS Project along with ANM and P.H. Nurse.